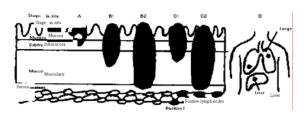




## **Colorectal Cancer**

Colorectal cancer is the third most common cancer in men and women and the second leading cause of cancer death in the United States. Most colorectal cancer arises slowly from an adenomatous polyp over 7 to 15 years. Incidence and mortality rates have been decreasing due to screening for and subsequent removal of polyps via colonoscopy. Most are adenocarcinomas. Risk factors for developing colorectal cancer include family history of cancer or polyps, inherited conditions (such as familial adenomatous polyposis and hereditary nonpolyposis), diet, age, inflammatory bowel disease (such as ulcerative colitis or Crohn's disease), and a personal history of polyps. A prior history of colorectal cancer increases the risk of other colon tumors.

The wall of the colon consists of four layers: *mucosa* (adjacent to the lumen), *submucosa*, *muscularis propria*, and *serosa* (outermost, farthest from the lumen). The prognosis worsens as deeper layers of the colon wall are invaded. Staging of colorectal cancer is based on invasion through these layers and on any spread to other tissues, and is given per the TNM system. The Duke's system is an older staging system.



The table below describes the old and new staging classifications.

| Stage | TNM                      | Duke's | Description   |
|-------|--------------------------|--------|---|
| 0     | Tis, N0, M0              |        | In-situ, tumor confined to mucosa   |
|       | T1, N0, M0               | Α      | Tumor through the mucosa into submucosa   |
|       | T2, N0, M0               | Α      | Tumor through submucosa in muscularis propria   |
| IIA   | T3, N0, M0               | B1     | Tumor through muscularis propria and into subserosa but not into<br>neighboring tissues |
| IIB   | T4, N0, M0               | B2     | Tumor into nearby tissues or organs, but nodes remain negative                          |
| IIIA  | T1, N1, M0<br>T2, N1, M0 | C1     | T1 or T2 plus 1-3 nodes positive  |
| IIIB  | T3, N1, M0<br>T4, N1, M0 | C2     | T3 or T4 plus 1-3 nodes positive  |
| IV    | M1                       | D      | Spread to distant sites such as liver, lung, peritoneum, ovary, etc.                    |

A colonoscopy should be done one year after curative resection. If clear of polyps and tumor, the next colonoscopy can be performed in 3yr, then every 5yr. Closer surveillance is needed in those at high risk (hereditary syndromes and inflammatory bowel disease).

Ratings will depend on stage and time since the end of treatment. An additional rating or postponement may be necessary if the applicant does not follow surveillance recommendations. The rating table is on the next page.

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| Stage   | Rating<br>Age < 65 at diagnosis  |  | Rating<br>Age > 65 at diagnosis   |  |  |
|---|--|--|---|--|--|
| Carcinoma in situ, Tis  | No rating  |  | No rating   |  |  |
| Stage I and Stage IIA   | Tumor table C  |  | Tumor table D   |  |  |
| Stage IIB   | Tumor table B  |  | Tumor table C   | Tumor table C  |  |
| Stage III - Best case only with <u>&lt;</u> 2 positive lymph nodes and normal CEA | 0-5 years<br>6 <sup>th</sup> year<br>7 <sup>th</sup> year<br>8 <sup>th</sup> year<br>9 <sup>th</sup> year<br>10 <sup>th</sup> year<br>thereafter | Decline<br>+55+\$10x5<br>+55+\$10x4<br>+55+\$10x3<br>+55+\$10x2<br>+55+\$10x1<br>+55 | 0-2 years<br>3 <sup>rd</sup> year<br>4 <sup>th</sup> year<br>5 <sup>th</sup> year<br>6 <sup>th</sup> year<br>7 <sup>th</sup> year<br>thereafter | Decline<br>+55+\$10x5<br>+55+\$10x4<br>+55+\$10x3<br>+55+\$10x2<br>+55+\$10x1<br>+55 |  |
| Stage III (>2 lymph nodes positive) and Stage IV                                  | Decline  |  | Decline   |  |  |

For example: State 0, colon cancer in situ is not rated and would eligible for Non-Smoker Plus if otherwise qualified. An applicant diagnosed at age 55 with Stage IIB cancer in the third year following treatment would be rated under Tumor Table B: \$10x6.

To get an idea of how a client with a history of colorectal cancer would be viewed in the underwriting process, feel free to use the attached *Ask "Rx" pert underwriter* for an informal quote.



## Colorectal Cancer - Ask "Rx" pert underwriter (ask our experts)

| Produc   | lucer Phone   | Fax               |  |  |  |  |  |
|----------|---|-------------------|--|--|--|--|--|
| Client   | Age/DOB   | Sex               |  |  |  |  |  |
| If your  | ur client has had colorectal cancer, please answer the following:   |                   |  |  |  |  |  |
| 1.       | Please list date of diagnosis and send the pathological report.   |                   |  |  |  |  |  |
| 2.<br>3. | <ul> <li>How was the cancer treated?</li> <li>u surgery</li> <li>surgery plus chemotherapy and/or radiation</li> <li>Please list date treatment completed:</li> </ul> |                   |  |  |  |  |  |
| 4.       | Is your client on any medications?  |                   |  |  |  |  |  |
|          | □ yes, please give details<br>□ no  |                   |  |  |  |  |  |
| 5.       | 5. What stage was the cancer?<br>Stage Tis Stage IIB<br>Stage I Stage III<br>Stage IIA Stage IV   |                   |  |  |  |  |  |
| 6.       | <ul> <li>6. Has there been any evidence of recurrence?</li> <li></li></ul>  |                   |  |  |  |  |  |
| 7.       | 7. When was your client's last colonoscopy and CEA level? Please give   | date and results: |  |  |  |  |  |

- 8. Has your client smoked cigarettes in the last 12 months?
  yes
  no
- 9. Does your client have any other major health problems (ex: inflammatory bowel disease, heart disease, etc.)?
  - yes, please give details:
     no

Please include the pathology report of the colorectal cancer.

After reading the *Rx for Success* on Colorectal Cancer, please feel free to use this *Ask "Rx" pert underwriter* for an informal quote.

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