

Life insurance

Underwriting that's fast, easy and just right

Underwriting guide





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Save time with the right programs and services

Helping clients achieve the best ratings possible and having more time to sell is easy when you take advantage of our valuable programs and services.

The following is a high-level glance at our offerings. Then for the remainder of the guide, we'll take a closer look at our programs and guidelines.

✓ Competitive turnaround times

- We've expanded our team to help us expedite your cases
- Top-tier industry time service
- 1035 unit to proactively expedite transfer of proceeds

✓ Easy to work with

- Applications accepted electronically or by fax (1035 paperwork needs wet signature). Toll-free fax: 866-542-1359
- Quick Quotes System for submitting informal inquiries
- Dedicated home office case managers plus access to your underwriter when you need it. Toll-free phone: 800-654-4278

✓ Principal TeleApp

Streamline the underwriting process and eliminate requirements:

- Eliminates redundant paramed questions
- Fewer Attending Physician Statements (APS) required
- Eliminates inspections through \$5 million

✓ Unique survivorship features

Reconsideration

- Available for rated or uninsurable risks
- Underwriting for second insured not required

Seven classes of uninsurable

- U1 (our most favorable uninsurable risk class) through U7 (life expectancy of less than one year)
- No minimum life expectancy

Opt-out underwriting

- For U7 risks with life expectancy less than one year
- Routine requirements waived

✓ Online services

New business application forms

Principal® provides easy access to life new business application forms in Virtual Supply on the advisor website. We have also teamed with the following companies to ensure our application materials are available to customers who subscribe to their services.

- iPipeline™
- Ebix's Vital Forms

Submitting new applications

Submit new business applications electronically to help streamline the new business process. We support the following electronic submissions:

- Principal Direct FTP (file transfer protocol)
- Principal FTP website

We have also teamed with the following companies to ensure new application submission is available to customers who subscribe to their services:

- PaperClip Incorporated
- iPipeline's iGO™
- ExamOne

Traditional submissions such as U.S. mail and fax are also welcomed.

Pending case status

Receive important up-to-date information on pending life and disability insurance new business via:

- Principal Pending Business Report
- Principal Direct FTP from us in ACORD format

We have also teamed with the following companies to ensure our pending new business information is available to customers who subscribe to their services:

- Oracle/SkyWire
- AgencyWorks
- SmartOffice™

We have also teamed with the following companies to ensure underwriting rules are available to customers who subscribe to their services:

- XRAE

✓ Business case advantage

Flexible, partnership approach – collaborate for creative solutions

- Understand concept and key issues
- Work with Advanced Solutions when needed

Multi-life underwriting

- Available for employer-sponsored plans
- Multiple underwriting programs available
- Home office pre-approval required

Nonqualified executive benefits – aggregate funding on COLI

- Liberalized financial underwriting limits
 - > 30 times income to age 55
 - > 15 times income age 56 and over
- Streamlined underwriting requirements
 - > Physical measurements + ECG + Labs + APS
 - > No paramed or MD exams required
 - > No inspections required
 - > Employer census provides financial information
- Preliminary underwriting and selection of participants using TeleApp
- Added level of service – we order all requirements and APS reports for you
- Pre-completed application forms provided for formal signatures

Accelerated underwriting

What is accelerated underwriting?

Get cases issued faster and easier with Principal Accelerated UnderwritingSM.



Decisions within 48 hours



The elimination of lab testing and paramed exams for 50-60 percent of applicants who qualify*

How does it work?

Step 1. Complete Part A and C of the application, including Producer Report, HIPAA, Informed Consent Form, etc. Do not schedule the paramed appointment. Indicate “Acc Und” on the Producer Report (and agency transmittal if submitted) to alert the case manager that this is an Accelerated Underwriting case.

Step 2. Call 888-TeleApp (888-835-3277), option 0, to have the client complete an interview immediately, or you can schedule a future appointment using our online scheduler tool. Make sure you tell the interviewer that this is an Accelerated Underwriting application.

TeleApp Contact Center hours:

Monday – Thursday: 7 a.m. – 10 p.m. CT

Friday: 7 a.m. – 7 p.m. CT

Step 3. Underwriting evaluates the TeleApp, Motor Vehicle Report, prescription history and MIB Inc. report. If the application is approved for Accelerated Underwriting, it proceeds to issue. If not approved, a paramed appointment will be scheduled plus any additional requirements. Use the checklist below to help determine if your clients(s) are part of the 50–60 percent who qualify.

*Based on age and face amount requirements.

Eligibility requirements

Ages: 18 - 60

Face amount: \$50,000 - \$1 million

Products available: Term (10-, 15-, 20-, and 30-year), UL, IUL, VUL, SUL, or Benefit VUL II (NY only)

- Build must be within the recommended weight limits. See chart on following page.
- No major medical condition(s) from list on next page.
- If previously underwritten by Principal® coverage was approved at Preferred or Super Preferred.
- Applicant must reside in the U.S. and be a U.S. citizen or permanent resident with no travel to hazardous locations.
- Stated blood pressure – less than 135/85.
- Total cholesterol is less than 240, and cholesterol/HDL ratio is less than 4.5.
- If age 50 or greater, applicant has a primary care physician and evidence of routine physical within the last 24 months.
- For Non-Tobacco Preferred, no tobacco use within the past 24 months.
- Tobacco use includes any tobacco or nicotine product (i.e., cigar, patch, gum & marijuana)
- No parent or sibling death from cardiovascular disease, stroke or diabetes prior to age 60.
- No parent or sibling death from breast, colon, ovarian or prostate cancer prior to age 60.*
- No history of bankruptcy in the past ten years.
- No marijuana use within the past five years.
- No history of DUI or reckless driving within five years, or more than two moving violations in the past three years.
- No history of felony conviction in the last ten years.
- No life, health or disability insurance has been rated, rideder or declined.
- No prior informal request to Principal within the last 24 months.
- If exam requirements or labs have been completed in the prior 12 months for life or DI coverage, we'll request the results of those requirements. See the Q&A for additional details.
- TeleApp interview has been completed by client.

* Disregard cancer of opposite sex except for colon cancer. Disregard cancer if it pertains to only one family member, and insured has regular check-ups targeted at early diagnosis.

Underwriting build chart

| Ages 18-44 | | | | Ages 45-60 | | | |
|------------|-----------|--------|-----------|------------|-----------|--------|-----------|
| Height | Weight | Height | Weight | Height | Weight | Height | Weight |
| 4'8 | 79 – 129 | 5'9 | 119 – 197 | 4'8 | 79 – 132 | 5'9 | 119 – 200 |
| 4'9 | 81 – 134 | 5'10 | 122 – 202 | 4'9 | 81 – 136 | 5'10 | 122 – 206 |
| 4'10 | 84 – 139 | 5'11 | 126 – 208 | 4'10 | 84 – 141 | 5'11 | 126 – 212 |
| 4'11 | 87 – 144 | 6'0 | 130 – 214 | 4'11 | 87 – 146 | 6'0 | 130 – 218 |
| 5'0 | 90 – 149 | 6'1 | 133 – 220 | 5'0 | 90 – 151 | 6'1 | 133 – 224 |
| 5'1 | 93 – 154 | 6'2 | 137 – 226 | 5'1 | 93 – 156 | 6'2 | 137 – 230 |
| 5'2 | 96 – 159 | 6'3 | 141 – 232 | 5'2 | 96 – 161 | 6'3 | 141 – 236 |
| 5'3 | 99 – 164 | 6'4 | 144 – 239 | 5'3 | 99 – 167 | 6'4 | 144 – 243 |
| 5'4 | 102 – 169 | 6'5 | 148 – 245 | 5'4 | 102 – 172 | 6'5 | 148 – 249 |
| 5'5 | 106 – 174 | 6'6 | 152 – 251 | 5'5 | 106 – 177 | 6'6 | 152 – 256 |
| 5'6 | 109 – 180 | 6'7 | 156 – 258 | 5'6 | 109 – 183 | 6'7 | 156 – 262 |
| 5'7 | 112 – 185 | 6'8 | 160 – 264 | 5'7 | 112 – 188 | 6'8 | 160 – 269 |
| 5'8 | 116 – 191 | 6'9 | 164 – 271 | 5'8 | 116 – 194 | 6'9 | 164 – 276 |

Note: Traditional underwriting is required for builds that are off the chart.

NO major medical conditions, such as:

| | | |
|--|--|---|
| Alcohol abuse and/or treatment | Drug abuse and/or treatment | Melanoma |
| Atrial Fibrillation | Epilepsy/Seizure | Multiple Sclerosis (MS) |
| Barrett's Esophagus | Gastric Bypass/Lap Band | Parkinson's Disease |
| Bipolar Disorder | Heart Disease/Surgery – all forms | Peripheral Artery Disease (PAD/ Peripheral Vascular Disease (PVD)) |
| Cancer (exceptions: Basal Cell and Squamous Cell Carcinomas) | Hepatitis | Rheumatoid Arthritis (RA) |
| Chronic Obstructive Pulmonary Disease (COPD/Emphysema) | Hypertension (diagnosed within six months) | Sleep Apnea |
| Crohn's Disease | Kidney Disease | Stroke/Transient Ischemic Attack (TIA) |
| Diabetes/Gestational Diabetes | SLE/Lupus | Ulcerative Colitis (UC) |

Note: Advanced diagnostic testing, biopsies, cardiac testing and other medical history may require an attending physician's statement. When attending physician's statements are ordered, we will require traditional underwriting.

Automatic Standard Approval Program

How it works

Give clients a rating boost. Our Automatic Standard Approval Program (ASAP) is designed to help eliminate low substandard ratings. While some companies have eliminated their program or changed their guidelines, Principal still supports ASAP.

ASAP guidelines

- › Up to \$5 million face amount
- › Up to Table 3 or flat extra to \$7.50/\$1,000
- › Permanent products only* (both lives are eligible for Survivorship UL Protector II)
- › Applicable through age 70
- › Medical ratings only [no driving, hazardous sports, aviation or lifestyle cases (drug/alcohol use)]
- › Can be used with Healthy Lifestyle Credits
- › Cannot be used with a combo of Table Rating + Flat Extra

How does our program differ from other companies?

Principal does not limit or exclude cancer or coronary heart disease. Many competitors use the same criteria, but they exclude cancer or coronary. Also, our Healthy Lifestyle Credit (HLC) program can be used in conjunction with ASAP. The combination of HLC and ASAP provides an opportunity in some cases to move somebody outside a Table 3 to Standard. For example, when we rate a person a Table 5 and use HLC to get them to a Table 3, we can then use ASAP to get to a Standard rating.

What are the benefits?

Our ASAP eliminates the low, substandard ratings that can be the most challenging to present to your client. Consequently, you can present an offer to a client that has a greater chance of being placed. The greatest benefit is the competitive Standard rate received by your client without a reduction in the compensation paid to you.

ASAP in action

| Proposed insured | Product type | Medical condition | Underwriting offer |
|----------------------------|--------------|---|--|
| Ben, age 55, 6 ft, 265 lbs | UL | <ul style="list-style-type: none"> • Moderate rheumatoid arthritis using Humira • High blood pressure and high cholesterol, both controlled with medication • Normal stress test within three years • Annual exams with DRE and PSA | Standard using Healthy Lifestyle Credits and ASAP together |
| Mark, age 68 | SUL | <ul style="list-style-type: none"> • Diabetes, good control • Proteinuria, mild • Hypertension and cholesterol, well-controlled • Table 3 risk | Standard on both lives using ASAP |
| Ruth, age 70 | | <ul style="list-style-type: none"> • Mild CAD in several vessels • Favorable stress tests, well-controlled CV risk factors • OSA, moderate, compliant with CPAP • Table 3 risk | |

For product-specific eligibility, contact your home office underwriter.

Unlike many of our competitors, Principal does not exclude cancer or coronary artery disease from our Automatic Standard Approval Program.

Healthy Lifestyle Credits

What are Healthy Lifestyle Credits?

All applicants should be given credit for doing the right things to take care of themselves.

Because of this philosophy, we use Healthy Lifestyle Credits (HLCs) as an underwriting tool to help clients get the most favorable rating possible. The underlying basis of our HLCs is an evaluation of several coronary and cancer risk factors of a client as follows.

How do HLCs help your clients?

Our underwriters review an applicant's risk profile factors and assign positive or negative points. When finished, they use the applicant's results to determine the final underwriting rating. This allows us to reduce or eliminate a table rating or even improve Standard or better risks for the proposed insured.¹

Favorable HLCs can help your clients earn up to two tables of credit that offset table ratings that have been assessed and may even improve Standard or better risks up to one class if they have enough favorable credits. Our Automatic Standard Approval Program, which is designed to help eliminate low substandard ratings, can also be used in conjunction with HLCs. Here are a few guidelines to keep in mind with HLCs:

- Ratings for asthma, anxiety, depression, colitis, sleep apnea, body build and blood pressure are examples of covered conditions. (This listing is not all inclusive of covered conditions.)
- A few conditions are excluded, including ratings for cardiovascular disease, diabetes and flat extras.
- As an added benefit, there are no limitations due to age, plan or face amount.

HLC risk profile factors

- > Blood pressure
- > Cholesterol
- > Pulse
- > Weight
- > Family history
- > Preventive cancer screening tests
- > Preventive heart screening tests
- > Routine physicals

A scoring system is used for each factor, with positive points for favorable factors and negative points for less favorable factors. If a factor is considered neutral, a score of zero is given to reflect the neutral result. These factors combine to make up an insured's Healthy Lifestyle Credit score.

Examples

| Proposed insured | Original rating (based on medical history) | Improved rating with HLCs |
|--|---|------------------------------|
| Mark suffers from depression | Table 5 | Table 3 |
| Sue has asthma | Table 4 | Table 2 |
| Brian's build falls outside the guidelines | Table 2 | Standard |
| Betty has high blood pressure | Preferred | Super Preferred |

¹ Earn up to two tables of credit that offset table ratings that have been assessed. Ratings for cardiovascular disease, diabetes and flat extras are excluded from the HLC program. There are no limitations due to age, plan or face amount. To improve cases that are Standard risk or better, they must have only one knockout for build, blood pressure or cholesterol and have enough favorable factors for improvement.

Save time with TeleApp

As a financial professional, we know that your time is better spent focusing on sales and service. Let us complete the medical portion Part B (Part II) of the application for you using our **free TeleApp service**. We employ our own trained professionals and use a state-of-the-art reflexive system, designed by our underwriters, to guide your clients through the insurability questions.

Our reflexive questions let the underwriters gain additional insight into medical impairments that our traditional application process doesn't allow. No more back and forth between your client and underwriting trying to clarify vague paper application medical questions. We are so confident in the quality of the information we obtain through TeleApp that we require fewer routine requirements and have reduced APS ordering by 40 percent.

Five easy steps

- 1 Complete Part A (Part I) of the application**, and obtain Part C signatures. Explain the interview process to your client. The **TeleApp Guide (BB10268)** provides step-by-step instructions to help prepare your client.
- 2 Schedule the interview** using our online scheduling tool. Interviews may be scheduled from 7 a.m. to 10 p.m. CT, Monday through Thursday, and 7 a.m. to 7 p.m. CT, Friday.
- 3 Submit the initial application** and other required forms (supplemental applications, illustrations, blood consent and Field Office Report) to your New Business coordinator for processing.
- 4 The TeleApp interviewer calls your client** at the scheduled time and completes the insurability questions (Part B/Part II). The average interview takes 20-25 minutes. A draft copy of the completed interview responses will be sent to you once the application is received in the home office.
- 5 Deliver the policy to the client.** The home office provides two copies of the completed application. Your client reviews the information and signs both copies. One copy is attached to the policy and remains with the client. Return the entire packet, along with the signed application (Part D), to the home office.

Benefits of using TeleApp

- > **It's free!**
- > Improved policy issue time
- > Less paperwork and follow-up
- > Fewer routine requirements, attending physician statements and paramedical exams
- > Advisors don't have to ask awkward medical questions
- > You choose whether or not we schedule the paramedical examination.
- > Clients' medical information is gathered by our professional interviewers.

Scheduling the interview

You can choose to have your client complete an immediate interview or you can schedule a future date and time when it is most convenient for your client using the following options:

- To immediately complete the interview, call 888-TeleApp (888-835-3277), option 0.
- To schedule an interview, use our online scheduling form at principal.com/teleapp.

When scheduling an interview, please provide this information:

- Producer's name and phone number
- Client's name, Social Security number and date of birth
- Products and total amounts applied for
- Signature state (the signing state)
- Client's telephone number and time to call

Staying informed

You may access your pending business report on the advisor website at any time to monitor the status of the TeleApp interview. Or you can call our TeleApp department any time you have questions, 888-TeleApp (888-835-3277), option 1.

Preparing your clients

By helping clients know what to expect, we can more efficiently complete the interview and build a positive customer experience. On average, interviews take 20-25 minutes and cover the following topics:

- General activities and health habits
- Annual income and net worth information
- Foreign travel history for the last five years
- Names and dosages for all medications currently being taken
- Names, addresses and phone numbers of medical providers
- Approximate dates of any injuries, surgeries, emergency room visits, hospitalizations, illnesses or conditions



Helpful hints

- › Immediate interviews are fast and easy. 888-TeleApp (888-835-3277), option 0.
- › Scheduled interviews with a specific date and time have an 80 percent first-call completion rate (35 percent when not scheduled). If you're not completing an immediate interview, it's better to schedule a specific day and time.
- › When scheduling an interview, let us know the state in which the application was signed. We can then tailor the interview to the state-specific application questions.
- › The confirmation number provided by the TeleApp counselor and the date and time of the interview should be recorded on the Field Office Report for Life applications or the Producer's Report for Disability applications.



For more information

- › Go to principal.com/teleapp.

Impairments

The impairment information on the following pages has been provided to help give you a general idea of potential underwriting outcomes based on medical and non-medical life insurance underwriting.

By initially obtaining specific, detailed information, your underwriter will be able to provide the right quote quickly and easily.

Descriptions of possible underwriting outcomes represent tentative, non-binding assessments based on hypothetical parameters using our underwriting guidelines at the time of publication. Actual underwriting outcomes may possibly be more favorable than illustrated using available Healthy Lifestyle Credits and our Automatic Standard Approval Program (ASAP). We reserve the right to apply individual consideration to any case. All cases are subject to full underwriting, and assessments are subject to change based on actual file review. For more information, contact your home office underwriter.

The impairments table is set up as follows:

Impairment

The name of the impairment, including a short description. Conditions are listed alphabetically.

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| The criteria the underwriter uses to classify the risk | <p>Medical requirements the underwriter is likely to request in addition to the routine age and amount medical requirements</p> <p>For faster decision:</p> <p>These are the specific details to include in your application package to enable the underwriter to quickly and easily provide the right quote. This information may be used to determine appropriate APS acquisition, thereby expediting the underwriting process and limiting the need for subsequent requirement requests.</p> | The risk classification or rating necessary for the impairment based on the factors and requirements presented. Many impairments outline a best-case scenario, typical case and worst-case rating. |

Impairments / Medical

Alcohol abuse

(Includes alcoholism and problem drinking)

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|---|
| <ul style="list-style-type: none"> • Current age • Amount of past and present alcohol consumption declared • Any diagnosis of abuse or dependence • Past history of treatment • Results of all investigations, including liver enzymes and alcohol markers • How long abstinent or consuming in moderation • Any relapses • Member of a self-help group such as Alcoholics Anonymous • Treatment with medication • Any co-morbid conditions, including any history of other substance abuse, driving offenses or participation in hazardous sports • Any history of marital or job instability • Any medical complications | <p>Requirements: APS, medical exam, MVR, blood test, alcohol questionnaire, inspection report selectively</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Provide details of medical treatment. • Document any residential care/treatment including dates and length of treatment. • Outline any favorable aspects such as continued employment, attendance in Alcoholics Anonymous or similar body, etc. | <p>Ratings depend primarily on applicant’s age, time since last use and any co-morbid factors.</p> <p>Alcoholism: Best Case: Standard (over age 30 and > five years since last consumption) Worst Case: Decline</p> <p>Problem drinking: Best Case: Table 2-4 (over age 30 and mild) Worst Case: Decline</p> |

Alzheimer’s disease

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--------------------------------------|
| <ul style="list-style-type: none"> • Current age • Age at onset of symptoms • Treatment, including any medications • Activities of daily living • Living independently • Type of assistance, if required • Judgment intact • Stable course | <p>Requirements: APS, Inspection Report selectively</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Any neuropsychiatric testing such as cognitive or memory testing • Activity levels • ADLs affected • IADLs affected | <p>All cases: Decline</p> |

Anemia

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> Type of anemia Severity/degree of anemia Cause of anemia, if known Treatment Blood test results Details of testing done and referrals to specialists/hematologists (include dates, names of tests and doctors seen) Medications Any concurrent impairment | <p>Requirements: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> Results of all investigations and testing to include cause and/or source of bleeding Details of treatment Details of ongoing surveillance of the condition, including recent complete blood count (CBC) | <p>Ratings depend on type of anemia and assume anemia is fully investigated and stable. Decisions can range from Preferred to Decline.</p> <p>Iron deficiency anemia: Preferred possible for best-case scenario</p> <p>Hemolytic anemia: Preferred possible for best-case scenario</p> |

Aneurysm

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|--|
| <ul style="list-style-type: none"> Precise diagnosis Type or location of aneurysm Date of diagnosis Cause Size and stability of aneurysm Currently present Treatment Smoking history Presence of associated coronary artery disease, hypertension, cerebrovascular, other peripheral vascular or renal disease, or COPD Blood pressure control | <p>Requirements: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> All tests and details of ongoing surveillance Details of any lifestyle modifications Details of blood pressure and lipid control Presence of associated coronary artery disease, hypertension, cerebrovascular, other peripheral vascular or renal disease, or COPD Smoking history Presence or absence of symptoms | <p>Can consider on a rated basis 6 to 12 months post-op depending on the type of aneurysm.</p> <p>Abdominal: No surgery: Best case is Table 6 provided diameter <5 cm, with no increase in size within last three years or since diagnosis If diameter >5 cm: Decline With surgery: Individual consideration</p> <p>Cerebral: No surgery: \$7.50 per \$1,000 if small, stable and no complications Large: Decline With surgery: Standard after two years</p> <p>Thoracic: No Surgery: Decline With Surgery: Table 4 after two years</p> |

Angina pectoris

| Risk factors | Typical requirements | Likely underwriting decision |
|-----------------------------------|----------------------|------------------------------|
| Refer to Coronary Artery Disease. | | |

Angioplasty

| Risk factors | Typical requirements | Likely underwriting decision |
|-----------------------------------|----------------------|------------------------------|
| Refer to Coronary Artery Disease. | | |

Apnea/sleep apnea

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Type of apnea (obstructive, central or mixed) • Severity • Treatment (CPAP or surgery) • Compliance with treatment • Date of last sleep study • Current height/weight • Presence of cardiovascular disease and/or risk factors including hypertension, arrhythmias • Any associated overweight or obesity • Smoking history | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Type, frequency, severity, and duration of symptoms • Results of sleep study including, apnea index and degree of oxygen desaturation • Treatment and compliance with treatment • Any associated impairments • History of motor vehicle or industrial accidents attributed to sleepiness | <p>Mild disease and no complications: Preferred or Super Preferred possible</p> <p>Moderate disease untreated and no complications: Table 2-3</p> <p>Moderate disease treated and compliant with therapy: Preferred possible</p> <p>Severe disease untreated and no complications: Decline</p> <p>Severe disease treated and compliant with therapy: Standard</p> |

Arteriosclerosis

| Risk factors | Typical requirements | Likely underwriting decision |
|-----------------------------------|----------------------|------------------------------|
| Refer to Coronary Artery Disease. | | |

Asthma

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Current symptoms • Frequency and severity of asthma attacks • Type of medication and frequency of use • Compliant with medications • Hospitalizations or ER visits • Limitations to activities • Smoking history • Occupational or environmental exposure • Concurrent impairments such as COPD, psychiatric disorder, alcohol abuse, CAD | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Results of investigations including pulmonary function tests • Frequency of symptoms • Duration and intensity of exacerbations • Treatment and response to treatment • Frequency of night-time symptoms • Smoking history • Time off work • Level of activity | <p>Minimal or mild asthma: Preferred or Super Preferred</p> <p>Moderate: Standard to Table 2</p> <p>Severe: Table 6 to Decline</p> |

Atrial fibrillation

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Date of diagnosis and age at onset • Age of applicant • Frequency of attacks • Associated symptoms and complications • Risk factors for stroke • Exercise tolerance • Underlying cardiac and non-cardiac disease • Full cardiac evaluation • Paroxysmal vs. Chronic • Treatment including use of anticoagulant medication | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Type of atrial fibrillation • Details of treatment • Copies of all cardiac Investigations • Current level of activity | <p>Found on examination, no investigation: Postpone</p> <p>Paroxysmal Atrial Fibrillation (PAF) with infrequent attacks: Standard</p> <p>Chronic Atrial Fibrillation: Table 2-6</p> <p>Less favorable outcome for co-morbid complications</p> |

Barrett's esophagus

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Ongoing risk factors • Results of all investigations including biopsy • Stable course • Medication/treatment • Response to medication treatment • Compliant with medical treatment and surveillance • Complications (e.g., hemorrhage, perforation) | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Results of all investigations including biopsy • Details of ongoing follow-up (e.g., endoscopy) • Details of lifestyle modification (stop smoking and alcohol use) | <p>Best case: Preferred or Super Preferred if no dysplasia and good follow-up done on a regular basis</p> <p>Typical case: Standard to Table 2</p> <p>Worst case: Decline</p> |

Blood pressure

| Risk factors | Typical requirements | Likely underwriting decision |
|------------------------|----------------------|------------------------------|
| Refer to Hypertension. | | |

Bypass surgery

| Risk factors | Typical requirements | Likely underwriting decision |
|-----------------------------------|----------------------|------------------------------|
| Refer to Coronary Artery Disease. | | |

Cancer

| Risk factors | Typical requirements | Likely underwriting decision |
|--|----------------------|--|
| Refer to specific organ or type of cancer. | | <p>For all forms of cancer: Consideration for insurance begins once treatment has been completed, assuming the client is well followed.</p> |

Cancer:

Basal Cell Carcinoma/Squamous Cell Carcinoma

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|--|
| <ul style="list-style-type: none"> • Date of diagnosis • Pathology reports including confirmation of basal cell carcinoma • Type of treatment • Date treatment completed • Confirmation that tumor has been removed completely • Family history of atypical/dysplastic nevi or dysplastic nevus syndrome • Details of regular full body surface skin examinations • Any recurrence or spread • Ongoing risk factors such as multiple dysplastic nevi and a propensity to develop other skin cancers • Any serious complications from treatment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report including post-operative • Details of ongoing follow-up • Details of lifestyle modification (sun screen, stop smoking) | <p>Complete excision: Possible Preferred or Super Preferred</p> |

Cancer:

Breast

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Date of diagnosis • Type and stage of cancer • Size of tumor • Type of treatment • Date treatment completed • Any recurrence or spread • Any serious complications from treatment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report • Stage and grade of tumor • Details and date(s) of treatment, including any adjunct therapy (e.g., Tamoxifen) • Hospital reports • Details of follow-up (mammograms, bone scan, etc.) | <p>Best case: Standard for carcinoma in situ after 2-3 years since treatment</p> <p>Typical case: Unable to consider until 2-3 years after completion of treatment (chemo or radiation), then possible Table rating and/or a flat extra depending on stage and grade</p> <p>Worst case: Decline</p> |

Cancer:

Colon

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Date of diagnosis • Stage and grade of the tumor • Any hereditary syndrome that may be associated with other types of cancer • Family history of colon cancer types of cancer • What treatment • Length of remission • Ongoing follow-up including colonoscopy results • Any recurrence • Any complications from treatment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report and staging information • Details and date(s) of treatment • Hospital reports • Details of follow-up (colonoscopy and tumor markers) | <p>Best case: Standard after three years</p> <p>Typical case: Unable to consider until 2-3 years after completion of treatment (chemo or radiation), then possible Table rating and/or a flat extra depending on stage and grade</p> <p>Worst case: Decline</p> |

Cancer:

Leukemia

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Type of leukemia and stage of cancer • Treatment • Date treatment completed • Any recurrence or secondary cancer | <p>Requirements: APS, blood testing if current results are not available</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology reports • Evidence of regular follow-up • Hospital treatment reports | <p>Acute lymphoid leukemia/ acute myeloid leukemia:</p> <p>Best case: Standard</p> <p>Typical case: Standard with a flat extra</p> <p>Worst case: Decline</p> <p>Chronic lymphoid leukemia/ hairy cell leukemia:</p> <p>Best case: Table 4</p> <p>Typical case: Table 8 – Decline</p> <p>Worst case: Decline</p> |

Cancer:

Lung

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Type of cell and stage of cancer • Type of treatment • Date treatment completed • Any recurrence or spread • Reduced/eliminated risk factors (e.g., smoking) • Any concurrent impairment (e.g., emphysema or chronic bronchitis) • Any serious complications from treatment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report and staging • Treatment and hospital report • Evidence of regular follow-up (CT scans etc.) | <p>Carcinoma (all types)</p> <p>Stage 1: Best case: Standard after seven years Typical case: Standard with a flat extra Worst case: Decline if less than or equal to three years since primary treatment</p> <p>Stage 2-3: Best case: Standard after nine years Typical case: Standard with a flat extra Worst case: Decline if less than or equal to five years since primary treatment</p> |

Cancer:

Prostate

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Type of treatment • Date treatment completed • Stage and Gleason Grade • Any recurrence or spread • Serial PSA levels including current PSA • Any serious complications from treatment | <p>Requirements: APS, blood profile to include PSA if current results are not available</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology reports • Type of treatment • Evidence of regular follow-up and PSA testing • Copies of PSA tests | <p>If client is under age 70, rate class will depend on years since primary treatment, the stage of cancer and Gleason grade of the tumor.</p> <p>Best case: Standard</p> <p>Typical case: Standard with a flat extra</p> <p>Worst case: Decline</p> |

Cancer:

Malignant melanoma

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Date of diagnosis • Type of cancer/tumor • Depth and thickness of tumor • Type of treatment • Date treatment completed • Any recurrence or spread • Details of regular full body surface skin examinations • Ongoing risk factors like multiple dysplastic nevi and a propensity to develop other skin cancers • Any serious complications from treatment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report • Evidence of regular dermatology follow-up • Hospital treatment reports | <p>Best case: Standard</p> <p>Typical case: Standard with a flat extra</p> <p>Worst case: Decline</p> |

Cancer:

Thyroid

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|--|
| <ul style="list-style-type: none"> • Type of thyroid cancer (papillary, follicular, anaplastic, etc.) • Pathology • Age of applicant • Type of treatment and date(s) performed • Any remission and for how long • Any recurrence • Any complications from treatment | <p>Requirements: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology report • Treatment and hospital report • Evidence of regular follow-up | <p>Best case: Standard</p> <p>Typical case: Standard or Standard with a flat extra</p> <p>Worst case: Decline</p> |

Chronic obstructive pulmonary disease (COPD)

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|---|
| <ul style="list-style-type: none"> • Current age • Smoking history and current tobacco use • Build, any current weight loss • Severity of symptoms • Degree of impaired respiratory function • Speed of disease progression • Alpha-1 antitrypsin deficiency or other biochemical abnormality • Any concurrent impairment (e.g., CAD, cancer, malnutrition) • Any hospitalization • Any treatment with oxygen is a decline | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pulmonary function tests (PFT), serial PFTs • Details of lifestyle modification • Level of activity | <p>Best case: Standard</p> <p>Typical case: Table 2-8</p> <p>Worst case: Decline</p> |

Coronary artery disease

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis and age at onset • Severity of the disease (how many vessels and which ones) • Current symptoms • Treatment • Medications • Smoking history • Any concurrent serious impairment • Any history of congestive heart failure or arrhythmia • Active lifestyle • Blood pressure and cholesterol readings • Family history | <p>Requirements: APS, EKG (or TST) if current test is not available</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Cardiac test results (e.g., angiogram, recent stress tests, perfusion) • Detailed list of medications • Copies of lipid testing • Details of any lifestyle change. Best ratings possible with testing including perfusion and stress echocardiograms within the past 12 months | <p>Unable to consider until six months post-surgery</p> <p>Best case: Standard</p> <p>Typical case: Table 2-8</p> <p>Worst case: Decline</p> |

Crohn's disease

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|--|
| <ul style="list-style-type: none"> • Current age • Severity of the disease • Frequency of flare ups • Severity of symptoms • Medication – ongoing oral steroid therapy • Hospitalization • Surgery • Weight stable or loss • Testing and follow-up • Complications or concurrent impairments such as rheumatoid arthritis or other inflammatory disease | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology reports • Evidence of regular GI surveillance (colonoscopy) • Details of hospitalization and hospital reports • Stable weight • Active lifestyle | <p>Best case: Possible Preferred</p> <p>Typical case: Standard – Table 5</p> <p>Worst case: Table 6 – Decline</p> |

Diabetes

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|--|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis and age at onset • Type of diabetes • Treatment • Medication • Degree of control – blood sugar readings • Complications – nephropathy, neuropathy, retinopathy, cardiovascular disease • Current height and weight • Blood pressure | <p>Requirements: APS, blood (if not already required or current results not available)</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Type of diabetes including age at onset • Copies of specialist reports (neurologist, nephrologist, endocrinologist) • History of blood sugar control – copies of blood tests (incl. Hemoglobin A1c where possible) • Details of risk factor modification • Active lifestyle | <p>Type 1 Also known as Insulin Dependent Diabetes Mellitus (IDDM)</p> <p>Best case: Table 3-4 Typical case: Table 5-8 Worst case: Decline (complications, poor or uncontrolled)</p> <p>Type 2 Also known as Non-Insulin Dependent Mellitus (NIDDM) or Adult Onset Diabetes</p> <p>Best case: Standard Typical case: Table 2-4 Worst case: Decline (complications, poor or uncontrolled)</p> |

Emphysema

| Risk factors | Typical requirements | Likely underwriting decision |
|----------------|----------------------|------------------------------|
| Refer to COPD. | | |

Epilepsy/seizure disorder

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|---|
| <ul style="list-style-type: none"> • Age onset • Compliance with medication • Control of seizures • Reason for the seizure activity • Any alcohol use • Any other significant medical conditions | <p>For faster decision:</p> <ul style="list-style-type: none"> • Type of epilepsy • Age diagnosed • Duration of history • Date of last seizure and number of seizures per year | <p>Best case: Standard</p> <p>Typical case: Table 2-6</p> <p>Worst case: Decline</p> |

Gastric surgery for obesity

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Pre-operative weight • Current weight • Any co-morbid conditions (such as diabetes, hypertension, coronary disease) • Date of surgery • Type of surgery • Any surgical complications • Outcome of surgery (weight loss, improvement of risk factors) | <p>Requirements: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Supply all medical reports relating to the surgical procedure and follow-up • Current weight | <p>Unable to consider until 6 months after surgery</p> <p>Restrictive surgery (gastric banding or gastroplasty): 6 months to 3 years: Table 3 >3 years: Standard to Table 2</p> <p>Malabsorptive surgery/bypass: <1 year: Postpone 1-5 years: Table 4 >5 years: Standard to Table 2</p> |

Heart attack

| Risk factors | Typical requirements | Likely underwriting decision |
|-----------------------------------|----------------------|------------------------------|
| Refer to Coronary Artery Disease. | | |

Hepatitis B

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|---|
| <ul style="list-style-type: none"> • Date of diagnosis • Is this acute or chronic infection • Laboratory results (liver function) • If chronic, was a biopsy done • Any alcohol usage or other medical conditions | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Laboratory results • Sonograms, CTs, biopsy results | <p>Best case: Standard</p> <p>Typical case: Table 2-6</p> <p>Worst case: Decline</p> |

Hepatitis C

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Duration of the disease • Laboratory results • Has a biopsy been done • Does the client use alcohol, and if so, amount per day | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Laboratory results • Biopsy results • Sonogram and/or CT scan results | <p>Best case: Table 3-4</p> <p>Typical case: Table 5-8</p> <p>Worst case: Decline</p> |

Hypertension

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Type of hypertension (essential or secondary to another impairment) • Medication/treatment • Response to medication treatment • Current BP readings and history of readings for past 2 years (demonstrate stable course) • Compliant with medical treatment and follow-up • Any concurrent impairment (e.g., CAD, stroke, kidney disease, build) | <p>Requirements: APS, para or medical exam, selectively</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Record of blood pressure readings • Copies of any cardiac investigation • Details of risk factor modification • Active lifestyle | <p>Rating depends on severity of hypertension.</p> <p>May qualify for Preferred or Super Preferred if well-controlled and compliant with medication.</p> |

Liver function test

| Risk factors | Typical requirements | Likely underwriting decision |
|--|---|--|
| <ul style="list-style-type: none"> • How many liver functions are outside the normal lab range? • Is client taking any medications or using alcohol? • Is there a medical condition that is causing the elevation in liver function? • How long has this finding been monitored by the attending physician? • Is this a new finding which has not been fully evaluated with additional testing? | <p>Requirements: APS, Hepatitis screens, all markers, selectively</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • All laboratory tests • Any sonograms • Details of medications being taken • Amount of alcohol used • Results of any investigations for elevated liver functions | <p>Decision will depend on how many liver function results are outside the normal range, the degree of elevation, any other medical conditions, and any diagnosis for the elevated liver function finding.</p> <p>Best case: Preferred or Super Preferred</p> <p>Typical case: Standard to Table 4</p> <p>Worst case: Decline</p> |

Myocardial infarction

| Risk factors | Typical requirements | Likely underwriting decision |
|--|----------------------|------------------------------|
| <p>Refer to Coronary Artery Disease.</p> | | |

Parkinson's disease

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Medication/treatment • Response to medication treatment • Severity of the disease • History of falling or indications of dementia • Compliant with medical treatment and follow-up • Any concurrent impairment (e.g., depression) | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Details of type of Parkinson's • Type of treatment • Compliance and response to medication • Severity of the disease • Active and independent lifestyle (outline Activities of Daily Living) | <p>Best case: Standard</p> <p>Typical case: Table 2-4</p> <p>Worst case: Table 5 – Decline</p> |

Peripheral artery disease (PAD)/peripheral vascular disease (PVD)

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Medication/treatment • Response to medication treatment • Smoking status – if currently smoking this will have a greater impact on disease progression • Compliant with medical treatment and follow-up • Any concurrent impairment (e.g., CAD, CVD, diabetes, hypertension, build) | <p>Requirements: APS, medical exam, insurance blood profile, EKG – selectively</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Copies of any vascular and cardiac investigation • Details of any ongoing symptoms • Ankle-brachial index (ABI) score • Details of risk factor modification • Active lifestyle | <p>Best case: Standard</p> <p>Typical case: Table 2-4</p> <p>Worst case: Table 5 – Decline</p> |

Pulmonary nodule

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|--|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis • Size and number of nodules • Any treatment • Date treatment completed • Benign pathology • Reduced/eliminated risk factors (e.g., smoking) • Any concurrent impairment (e.g., emphysema or chronic bronchitis) | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Copies of tests • Details of follow-up • Demonstrated stability of nodule(s) | <p>Best case: Preferred possible</p> <p>Typical case: Standard</p> <p>Worst case: Decline</p> |

Rheumatoid arthritis

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Severity of symptoms • What medications are being taken • Any limitations of daily activities • No other significant medical condition(s) | <p>Requirement: APS</p> <p>For faster decision: Laboratory results</p> | <p>Best case: Preferred possible</p> <p>Typical case: Standard</p> <p>Worst case: Decline</p> |

Stroke

| Risk factors | Typical requirements | Likely underwriting decision |
|---|--|--|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis and age at onset • Current symptoms/extent of neurological deficit • Cause of stroke • Treatment • Medications • Number of strokes • Smoking history • Active lifestyle • Blood pressure and cholesterol readings • Any concurrent serious impairment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Neurology workup (carotid duplex, MRI) • Current function (how active) • Lifestyle modifications | <p>Best case: Table 4</p> <p>Typical case: Table 4 with a flat extra</p> <p>Worst case: Decline</p> |

Transient ischemic attack (TIA)

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|---|
| <ul style="list-style-type: none"> • Current age • Date of diagnosis and age at onset • Any neurological deficit • Number of episodes • Treatment • Medications • Smoking history • Test results • Active lifestyle • Blood pressure and cholesterol readings • Any concurrent serious impairment | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Neurology workup (carotid duplex, MRI) • Current function (how active) • Lifestyle modifications | <p>Best case: Standard</p> <p>Typical case: Table 2-3 for single TIA, Table 4 with a flat extra for multiple TIAs</p> <p>Worst case: Decline</p> |

Ulcerative colitis

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Age of onset • Severity of the disease • Frequency of flare-ups • Severity of symptoms • Date of last episode • Extra-colonic complications • Effect on ADLs • Medication (ongoing oral steroid therapy) • Hospitalization • Surgery • Weight stable or loss • Testing and follow-up | <p>Requirement: APS</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Pathology reports • Evidence of regular GI surveillance (colonoscopy) • Details of hospitalization and hospital reports • Stable weight • Active lifestyle | <p>Best case: Possible Preferred</p> <p>Typical case: Standard to Table 5</p> <p>Worst case: Table 6 to Decline</p> |

Impairments / non-medical

Aviation

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Pilot experience • Flight ratings and type of license held • Medical history • Lifestyle • Where they fly • Type of aircraft flown • Type of flying • Purpose of flights and number of flying hours per year • Medical history • Lifestyle | <p>Requirement: Aviation Statement</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Overall experience • Hours flown per year • Pilot experience • Flight ratings • Aircraft • Details of specialized flying | <p>Best case: Preferred or Super Preferred possible*</p> <p>Typical case: Standard*</p> <p>Worst case: Aviation Exclusion Rider if available or Decline</p> <p>*Flat extra may apply to base rating</p> |

Climbing and mountaineering

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Current age • Frequency • Type of terrain: established trails • Altitude/heights • Location: North America/ Europe or elsewhere • Medical history • Lifestyle | <p>Requirement: Sport Statement, Foreign Travel questionnaire, if applicable</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Overall experience • Frequency • Type of terrain • Difficulty of climbs | <p>Best case: Preferred or Super Preferred possible*</p> <p>Typical case: Standard*</p> <p>Worst case: Hazardous Sports Exclusion Rider if available or Decline</p> <p>*Flat extra may apply to base rating</p> |

Driving

| Risk factors | Typical requirements | Likely underwriting decision |
|---|---|--|
| <ul style="list-style-type: none"> • Current age • Types of infractions • Frequency of infractions • DWI (Multiple) • Other suspensions and number of suspensions • Accident (at fault) • Risk-taking avocations | <p>Requirement: MVR</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Number and types of violations • Date of last violation • Date of last suspension, length of, and reason for suspension | <p>Best case/typical case: Preferred or Super Preferred for infrequent, minor violations</p> <p>Worst case: Decline</p> <p>NOTE: A single DUI can be considered with a flat extra 0-1 year since violation. Standard is available after 2-3 years.</p> |

Motor vehicle racing

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Type of vehicle/size of engine • Type of fuel • Frequency • Speeds attained (average, highest) • Type of course • Location (outside U.S. or Canada) • Concurrent avocations | <p>Requirements: Sport Statement, Foreign Travel Questionnaire (if applicable)</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Type of racing and frequency • Speeds attained | <p>Best case: Preferred or Super Preferred</p> <p>Typical case: Standard to Standard with a flat extra</p> <p>Worst case: Decline</p> |

Scuba diving

| Risk factors | Typical requirements | Likely underwriting decision |
|--|--|--|
| <ul style="list-style-type: none"> • Current age • Experience including certification • Depths and frequency of dives • Medical history • Lifestyle • Dive location (e.g., lake, open ocean, beaches) • Dive sites (e.g., wreck, salvage) • Diving activities (e.g., search and rescue, caves, ice) • Commercial diving | <p>Requirement: Avocation Questionnaire, Foreign Travel Questionnaire (if applicable)</p> <p>For faster decision:</p> <ul style="list-style-type: none"> • Type of diving (location, site, activities) • Experience • Frequency | <p>Best case/typical case: Preferred or Super Preferred</p> <p>Worst case: Decline</p> |

Height/weight charts

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Age 20-44 male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9 | 4'10 | 4'11 | 5'0 | 5'1 | 5'2 | 5'3 | 5'4 | 5'5 | 5'6 | 5'7 | 5'8 | 5'9 | 5'10 | 5'11 | 6'0 | 6'1 | 6'2 | 6'3 | 6'4 | 6'5 | 6'6 | 6'7 | 6'8 | 6'9 |
| Super Preferred | 129 | 134 | 139 | 144 | 149 | 154 | 159 | 164 | 169 | 174 | 180 | 185 | 191 | 197 | 202 | 208 | 214 | 220 | 226 | 232 | 239 | 245 | 251 | 258 | 264 | 271 |
| Preferred | 138 | 143 | 148 | 153 | 159 | 164 | 170 | 175 | 181 | 186 | 192 | 198 | 204 | 210 | 216 | 222 | 229 | 235 | 242 | 248 | 255 | 262 | 269 | 276 | 283 | 290 |
| Super Standard | 147 | 152 | 158 | 163 | 169 | 175 | 180 | 186 | 192 | 198 | 205 | 211 | 217 | 224 | 230 | 237 | 244 | 250 | 257 | 264 | 271 | 279 | 286 | 293 | 301 | 308 |
| Standard | 162 | 168 | 174 | 180 | 186 | 193 | 199 | 206 | 212 | 219 | 226 | 233 | 240 | 247 | 254 | 261 | 269 | 276 | 284 | 292 | 299 | 307 | 315 | 323 | 332 | 340 |

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Age 45-64 male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9 | 4'10 | 4'11 | 5'0 | 5'1 | 5'2 | 5'3 | 5'4 | 5'5 | 5'6 | 5'7 | 5'8 | 5'9 | 5'10 | 5'11 | 6'0 | 6'1 | 6'2 | 6'3 | 6'4 | 6'5 | 6'6 | 6'7 | 6'8 | 6'9 |
| Super Preferred | 132 | 136 | 141 | 146 | 151 | 156 | 161 | 167 | 172 | 177 | 183 | 188 | 194 | 200 | 206 | 212 | 218 | 224 | 230 | 236 | 243 | 249 | 256 | 262 | 269 | 276 |
| Preferred | 140 | 146 | 151 | 156 | 161 | 167 | 172 | 178 | 184 | 189 | 195 | 201 | 207 | 213 | 220 | 226 | 232 | 239 | 246 | 252 | 259 | 266 | 273 | 280 | 287 | 294 |
| Super Standard | 152 | 157 | 163 | 168 | 174 | 180 | 186 | 192 | 198 | 204 | 211 | 217 | 224 | 230 | 237 | 244 | 251 | 258 | 265 | 272 | 280 | 287 | 295 | 302 | 310 | 318 |
| Standard | 167 | 173 | 179 | 185 | 192 | 198 | 205 | 211 | 218 | 225 | 232 | 239 | 246 | 253 | 261 | 268 | 276 | 284 | 292 | 300 | 308 | 316 | 324 | 332 | 341 | 349 |

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Age 65 & up male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9 | 4'10 | 4'11 | 5'0 | 5'1 | 5'2 | 5'3 | 5'4 | 5'5 | 5'6 | 5'7 | 5'8 | 5'9 | 5'10 | 5'11 | 6'0 | 6'1 | 6'2 | 6'3 | 6'4 | 6'5 | 6'6 | 6'7 | 6'8 | 6'9 |
| Super Preferred | 134 | 139 | 144 | 149 | 154 | 159 | 164 | 169 | 175 | 180 | 186 | 192 | 197 | 203 | 209 | 215 | 221 | 228 | 234 | 240 | 247 | 253 | 260 | 267 | 273 | 280 |
| Preferred | 143 | 148 | 153 | 158 | 164 | 169 | 175 | 181 | 187 | 192 | 198 | 204 | 211 | 217 | 223 | 230 | 236 | 243 | 250 | 256 | 263 | 270 | 277 | 284 | 292 | 299 |
| Super Standard | 156 | 162 | 167 | 173 | 179 | 185 | 191 | 198 | 204 | 210 | 217 | 224 | 230 | 237 | 244 | 251 | 258 | 266 | 273 | 280 | 288 | 295 | 303 | 311 | 319 | 327 |
| Standard | 167 | 173 | 179 | 185 | 192 | 198 | 205 | 211 | 218 | 225 | 232 | 239 | 246 | 253 | 261 | 268 | 276 | 284 | 292 | 300 | 308 | 316 | 324 | 332 | 341 | 349 |

Super Standard/Preferred/Super Preferred

Give clients credit for managing their health.

Super Standard/Preferred/Super Preferred classes are designed for individuals whom we expect to have lower or better mortality than individuals rated Standard.

How does our program differ from other programs?

- Our Healthy Lifestyle Credits allow us to offset one negative risk factor/knockout if the individual has enough favorable credits.
- We allow individuals taking medication for high blood pressure and cholesterol to qualify for a Preferred rating.
- Preferred ratings are available with aviation/sports exclusions.
- Individuals with an imperfect family history may still qualify for a Preferred rating if they have routine preventative screening tests.

Basic guidelines

The following describes our criteria for rating a case Preferred or Super Preferred:

- Preferred ages = 20 to 85;
Super Preferred ages = 20 to 80
- Principal uses a knockout system. Knockouts are provided on pages 26 and 27.

Healthy Lifestyle Credits can improve the rating up to one class if they have enough favorable credits and only one knockout for build, blood pressure or cholesterol.

- Tobacco use:
 - Super Preferred class requires no tobacco use for prior 60 months.
 - Preferred Non-Tobacco class requires no tobacco use for prior 24 months (prior 36 months for ages 71 to 85).
 - Preferred Tobacco class includes all forms of tobacco.

Examples

| Male, age 68 | | |
|---|--|--|
| <p>Scenario</p> <ul style="list-style-type: none">• Blood Pressure = 130/87• 6'0" and 210 pounds• Pulse = 74 and regular• Cholesterol/HDL = 6.2• EKG = normal• Family history: father suffered a heart attack at age 62• Last complete physical was 18 months ago, including a colonoscopy and PSA. All results were normal. | <p>Our rating</p> <p>Client is Super Standard due to a Preferred knockout for cholesterol/HDL ratio. We can improve the rating to Preferred using Healthy Lifestyle Credits (HLCs) based on his other favorable factors and routine physicals.</p> <ul style="list-style-type: none">• Final rating: Preferred | <p>Competitor rating</p> <p>Client is not allowed the Preferred class due to high cholesterol/HDL.</p> |
| Female, age 52 | | |
| <p>Scenario</p> <ul style="list-style-type: none">• Blood Pressure = 128/76• 5'5" and 135 pounds• Pulse = 72 and regular• Cholesterol/HDL = 3.2• EKG = normal• Family history: mother died of breast cancer at age 65• Last complete physical was 9 months ago including mammogram, which was within normal limits• Mammograms last 10 years have been within normal limits | <p>Our rating</p> <p>Client meets criteria to remain Super Preferred/Preferred. When looking at the overall risk profile, we are able to offset family history due to favorable HLCs and regular mammograms.</p> <ul style="list-style-type: none">• Final rating: Super Preferred | <p>Competitor rating</p> <p>Client is not allowed the Super Preferred class due to family history (mother died of breast cancer at age 65).</p> |
| Female, age 74 | | |
| <p>Scenario</p> <ul style="list-style-type: none">• Blood pressure = 145/80• 5'1" and 181 pounds• Pulse = 72 and regular• Cholesterol/HDL = 5.8• EKG = normal• Family history: both parents died in their 90s• No heart disease or cancer noted in family history• Last exam was 12 months ago, including a colonoscopy and mammogram within normal limits | <p>Our rating</p> <p>Client is Super Standard due to a Preferred knockout for build. We can improve the rating to Preferred using HLCs based on her other favorable factors and routine physicals.</p> <ul style="list-style-type: none">• Final rating: Preferred | <p>Competitor rating</p> <p>Client is not allowed the Preferred class due to her build and cholesterol/HDL ratio.</p> |

Guidelines

Super Standard/Preferred/Super Preferred

Family history

- Includes: parents & siblings
- Cardiovascular defined as: Coronary Artery Disease, Peripheral Vascular Disease, Stroke, and Transient Ischemic Attack

| Super Standard | Preferred | Super Preferred |
|---|---|---|
| <ul style="list-style-type: none"> • Up to one death prior to age 60 of: Cardiovascular Disease, Breast Cancer, Colon Cancer, Ovarian Cancer, Prostate Cancer, Diabetes • Disregard cancer of opposite sex except for colon cancer • Family history not considered for applicants aged 71+ | <ul style="list-style-type: none"> • No death prior to age 60 of: Cardiovascular Disease Breast Cancer Colon Cancer Ovarian Cancer Prostate Cancer Diabetes • Disregard cancer of opposite sex except for colon cancer • Family history not considered for applicants aged 71+ | <ul style="list-style-type: none"> • No death prior to age 65 of: Cardiovascular Disease Breast Cancer Colon Cancer Ovarian Cancer Prostate Cancer Diabetes • Disregard cancer of opposite sex except for colon cancer • Family history not considered for applicants aged 71+ |

Blood pressure

- Use exam average if no hypertension treatment
- Use 12 month average if hypertension history

| Super Standard | Preferred | Super Preferred |
|---|---|---|
| Cannot exceed: <ul style="list-style-type: none"> • 145/90 at ages 20-64 • 150/90 at ages 65-85 | Cannot exceed: <ul style="list-style-type: none"> • 140/85 at ages 20-44 • 140/90 at ages 45-64 • 145/90 at ages 65-85 | Cannot exceed: <ul style="list-style-type: none"> • 135/85 at ages 20-44 • 140/85 at ages 45-64 • 140/90 at ages 65-85 |

Cholesterol

- Medication may be disregarded
- We assess the ratio within the context of the entire lipid profile

| Super Standard | Preferred | Super Preferred |
|--|--|--|
| <p>Cannot exceed:</p> <ul style="list-style-type: none"> • Total cholesterol 300, cholesterol/HDL of 6.5 at ages 20-64 • Total cholesterol 300, cholesterol/HDL of 7.0 at ages 65-85 | <p>Cannot exceed:</p> <ul style="list-style-type: none"> • Total cholesterol 270, cholesterol/HDL of 5.5 at ages 20-64 • Total cholesterol 280, cholesterol/HDL of 6.0 at ages 65-85 | <p>Cannot exceed:</p> <ul style="list-style-type: none"> • Total cholesterol 240, cholesterol/HDL of 4.5 at ages 20-64 • Total cholesterol 260, cholesterol/HDL of 5.0 at ages 65-85 |

History of

- Alcohol abuse
- Drug abuse
- Cancer
- Diabetes

| Super Standard | Preferred | Super Preferred |
|---|---|--|
| <ul style="list-style-type: none"> • No rating | <ul style="list-style-type: none"> • No personal history of alcohol or drug abuse within 10 years • No personal history of diabetes or cancer ever • Exception – Basal and Squamous Cell • Personal history of certain cancers will be allowed. Consult your home office underwriter for criteria. | <ul style="list-style-type: none"> • No personal history of alcohol or drug abuse, diabetes or cancer ever • Exception – Basal and Squamous Cell |

Foreign residency/travel

| Super Standard | Preferred | Super Preferred |
|---|-----------|-----------------|
| <ul style="list-style-type: none"> • Applicant must be a U.S. citizen or permanent U.S. resident • Travel to hazardous area may disqualify for Super Standard, Preferred and Super Preferred • Consult with your home office underwriter for applicants who are not U.S. citizens or permanent residents | | |

Tobacco¹

- Tobacco use includes any tobacco or nicotine product (i.e., cigar, patch, gum & marijuana)

| Super Standard | Preferred | Super Preferred |
|--|--|--|
| <ul style="list-style-type: none"> • No tobacco use for: one year, ages 20-70 three years, ages 71-85 | <ul style="list-style-type: none"> • No tobacco use for: two years, ages 20-70 three years, ages 71-85 • Exception – 12 or fewer cigars per year with a negative urine • For Tobacco/Preferred rates all preferred criteria must be met except tobacco use | <ul style="list-style-type: none"> • No tobacco use for: five years, ages 20-80 |

Driving²

| Super Standard | Preferred | Super Preferred |
|---|--|-----------------|
| <ul style="list-style-type: none"> • No rating | <ul style="list-style-type: none"> • No more than two moving violations in the past three years • No driving under the influence or reckless driving in five years | |

Occupation/military/aviation/hazardous sports

| Super Standard | Preferred | Super Preferred |
|--|-----------|-----------------|
| <ul style="list-style-type: none"> • Not ratable for occupation and military • For aviation and hazardous sports risk, refer to your home office underwriter | | |

¹ Tobacco definitions:

- Tobacco: Current or past use in the prior 12 months of any tobacco including cigarettes, cigars, pipe, chew, snuff or nicotine aids. (For ages 71-85, a client will be classified as tobacco if they have used any types of tobacco in the last 3 years.)
- Non-tobacco: No tobacco use in any form currently or in the prior 12 months.
- Exception to non-tobacco: Twenty-four or fewer cigars in the prior 12 months with admitted use on the application (or TeleApp) and a negative urine specimen for nicotine qualify for non-tobacco.
- Marijuana: A recreational user of marijuana with a maximum use of 1-2 times per month, may qualify for non-tobacco rates. For increased frequency and for other types of use (medicinal, non-smoked forms, etc.), please contact your home office underwriter for details.
- In New Jersey, marijuana only users (no tobacco use) are considered non-tobacco.

²Subject to review of specific infractions.

Financial underwriting

We are committed to maintaining market-leading underwriting and service, and we want you to be familiar with our financial underwriting requirements and guidelines when submitting cases to us.

Financial requirements

| Face amount | Confidential financial statement | Financial underwriting supplement for life insurance | Inspection report with financial questions | Third party financial verification |
|---|----------------------------------|--|--|------------------------------------|
| \$2,000,000 to \$4,999,999 | X | X (for ages 70+) | | |
| \$5,000,000 | X | X | | |
| \$5,000,001 to \$10,000,000 | X | X | X (for ages 70+) | |
| \$10,000,001 and up | X | X | X | X |
| Any face amount, age 70+, trust less than two years | X | X | X | X |

Premium to income ratio

If net worth is less than or equal to \$5 million, acceptable ratio of premium to income is up to 25 percent.

If net worth is greater than \$5 million, acceptable ratio of premium to income is up to 40 percent.

If net worth is greater than \$10 million, acceptable ratio of premium to income is up to 60 percent.

Personal financial underwriting guidelines

| Purpose of insurance | Formulas and guidelines | Information needed | | | | | | | | | | | | | | | | |
|---------------------------|---|--------------------|---------------------|--------------|---|-------|---|-------|--------------------------|---|----|-------|----|-------|---|-----|---|---|
| Income replacement | <p>Maximum coverage</p> <table border="1"> <thead> <tr> <th>Ages:</th> <th>Multiply income by:</th> </tr> </thead> <tbody> <tr> <td>18-35</td> <td>30</td> </tr> <tr> <td>36-45</td> <td>25</td> </tr> <tr> <td>46-55</td> <td>20</td> </tr> <tr> <td>56-60</td> <td>15</td> </tr> <tr> <td>61-65</td> <td>10</td> </tr> <tr> <td>66-70</td> <td>5</td> </tr> <tr> <td>71+</td> <td>1</td> </tr> </tbody> </table> | Ages: | Multiply income by: | 18-35 | 30 | 36-45 | 25 | 46-55 | 20 | 56-60 | 15 | 61-65 | 10 | 66-70 | 5 | 71+ | 1 | <ul style="list-style-type: none"> Gross annual income How amount of insurance was determined Other coverage in force or pending with all carriers |
| Ages: | Multiply income by: | | | | | | | | | | | | | | | | | |
| 18-35 | 30 | | | | | | | | | | | | | | | | | |
| 36-45 | 25 | | | | | | | | | | | | | | | | | |
| 46-55 | 20 | | | | | | | | | | | | | | | | | |
| 56-60 | 15 | | | | | | | | | | | | | | | | | |
| 61-65 | 10 | | | | | | | | | | | | | | | | | |
| 66-70 | 5 | | | | | | | | | | | | | | | | | |
| 71+ | 1 | | | | | | | | | | | | | | | | | |
| Estate planning | <p>Estate growth period</p> <table border="1"> <thead> <tr> <th>Ages:</th> <th>Growth assumption:</th> </tr> </thead> <tbody> <tr> <td>Up to age 70</td> <td>75% of life expectancy not to exceed up to 20 years</td> </tr> <tr> <td>71-80</td> <td>75% of life expectancy not to exceed up to 10 years</td> </tr> <tr> <td>81+</td> <td>Use current estate value</td> </tr> </tbody> </table> <ul style="list-style-type: none"> Estimate growth factor up to 8% Assume 50% of estimated future estate value will be lost to estate tax Insurance amount = 50% of estimated future estate value | Ages: | Growth assumption: | Up to age 70 | 75% of life expectancy not to exceed up to 20 years | 71-80 | 75% of life expectancy not to exceed up to 10 years | 81+ | Use current estate value | <ul style="list-style-type: none"> Estate analysis Net worth How insurance amount was determined Risk amounts | | | | | | | | |
| Ages: | Growth assumption: | | | | | | | | | | | | | | | | | |
| Up to age 70 | 75% of life expectancy not to exceed up to 20 years | | | | | | | | | | | | | | | | | |
| 71-80 | 75% of life expectancy not to exceed up to 10 years | | | | | | | | | | | | | | | | | |
| 81+ | Use current estate value | | | | | | | | | | | | | | | | | |

Note: If you have questions regarding juvenile, charitable insurance or creditor insurance, please contact your home office underwriter.

Business financial underwriting guidelines

| Purpose of insurance | Formulas and guidelines | Information needed |
|--|--|---|
| Key executive | <ul style="list-style-type: none"> • Up to 10 times annual income • Business owner and beneficiary | <ul style="list-style-type: none"> • Verification of income • List of other key executives and their coverage • Explanation of lay role to employer |
| Buy-sell and stock redemption plans | <ul style="list-style-type: none"> • Percent of ownership = X value of company • Cross purchase – partners are owners and beneficiaries • Entity purchase – business is owner and beneficiary • Value of business and how the value was determined | Business financials: <ul style="list-style-type: none"> • Balance sheet • Income statement • List of owners/ownership percent • Confirmation all partners are similarly insured |
| Executive Bonus/ S Owner | <ul style="list-style-type: none"> • Insurance amount = a multiple of the executive's income | <ul style="list-style-type: none"> • Verification of income |
| Deferred compensation | <ul style="list-style-type: none"> • Insurance amount = a multiple of the executive's income | <ul style="list-style-type: none"> • Deferred compensation plan formula and description of insurance benefit • Verification of compensation |

Note: If you have questions regarding creditor insurance, please contact your home office underwriter.

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